Dear Father,

The world is in pain. People feel lost, are getting ill, are dying, are grieving. It hurts. Life seems so dark sometimes, so frightening. For so many life will never be the same again.

And in the midst of these troubled times we see heroes, we see kindness, we see compassion.

Creativity is growing. People sing on balconies. New initiatives are growing like nature in spring.

Is this a lesson we needed?

Did we forget what life really is about?

Please Father, make us feel your presence in the smallest of things and help us

To keep faith

To remain calm

To trust

To love

To be thankful

To feel compassion

To appreciate

To have patience

To be helpful

To laugh

To sing

To dance

Please God, bless this world with Your grace

And may we never forget how beautiful life really is

Stay with us God, we do so need you

Amen

May this prayer go around the world to encourage every single person who needs it.

May you all have a blessed day