I, alongside everyone else, am concerned about the current climate with the country and world.

My big concern is for the Wellbeing of individuals and especially the wellbeing of their mental health.

I, along with you, will know of people who are struggling.

Struggling financially with the loss of job or reduction in income.

Struggling to make sense of the different information which is forever changing.

Struggling what to believe and what not to believe in the media.

Struggling because they are not free to move around as they wish.

Struggling because they cannot see friends or loved ones.

Struggling because they are lonely and have become even more lonely.

Struggling because they cannot attend activities as previous

Struggling to make sense of this whole situation.

And many more which I know you can add to this list of those who are struggling.

Let us continue to pray that our Father in heaven will place his healing hand on the whole world.